

## Enjoy your new massage chair

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## Instruction Manual AT-699I

Thank you for purchasing AT-699I Massage Chair. Before using your massage chair, please read the contents of this instruction manual and refer to it when needed.

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### 09 Troubleshooting

| Problem                             | Possible Cause   | Suggestion   |
|-------------------------------------|--|--|
| The product does not work           | The product is not plugged in properly.  | Ensure the voltage on the product corresponds to the local mains voltage and then plug in again. |
|                                     | The product has just finished its auto timer session and has automatically switched to standby mode.         | If you want another session, press the Power button again.                                       |
|                                     | You may have used the product continuously for 45 minutes where the over heat protection has been activated. | Unplug the product and let it cool down for 60 minutes before you use it again.                  |
| The product is abnormally warm      | An excessive load has been applied on the product.   | Reduce the excessive load and start again.   |
|                                     | The product is likely to be overused.  | Unplug the product and let it cool down before using it again.                                   |
| Noise can be heard from the product | Noise is made by the mechanical parts of the product.  | This is normal and does not mean that the product is faulty.                                     |

Note: Zero Gravity position allows the body to enjoy the best position for massage.

- 2. Massage Intensity**
- Adjusts the intensity (5 intensity levels) of air pressure massage with [Button 26].
  - Adjusts the speed of Tapping Massage mode with [Button 24]. For preference of stronger massage, remove the inner cushion from the backrest cover.
  - To reduce the massage intensity, flip the backrest cover back.
- 3. Neck Massage**
- Removes the small pillow pad and leave just the big pillow pad for a stronger neck massage.
  - Removes both big and small pillow pads will allow the most intensive massage.

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### 01 Highlights

- An installed auto scan automatically measures the shoulder height of the user.
- Air pressure system in the seat lumbar and leg area.
- Six pre-programmed automatic massage programs with customizable Speed and intensity.
- Manual programming possible by any combination of Massage techniques and movement of the massage rollers in the tense zone.
- Shiatsu roll leg or feet (Shiatsu roller under feet or leg.)
- the zero-gravity function enables a simple and comfortable angle. (zero-gravity function brings easy and comfortable angle.)
- Angle of backrest and footrest can be adjusted separately. (angle of backrest and footrest can be adjusted separately.)
- Swivel footrest (turnable footrest)
- All massage programs have a timer 15 minutes.
- User-friendly LCD control panel.
- Ergonomically shaped design, for optimal comfort.
- Recommended quality product.

### 02 Safety Precautions

When using the massage chair, basic precautions should always be followed to reduce the risk of electric shock, burns, fire or injury to persons. Please read the following precautions before using the massage chair.

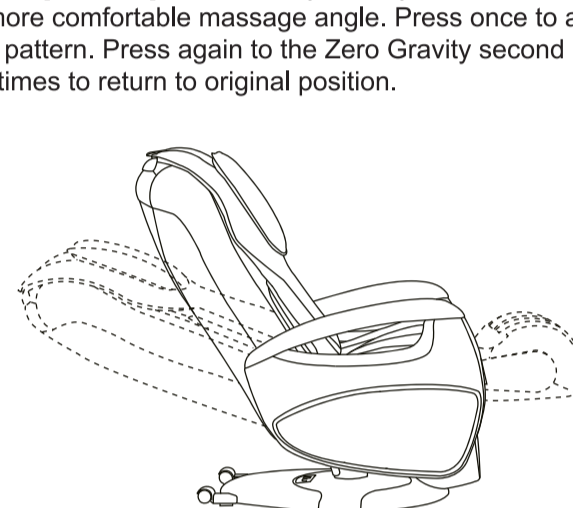
- Make sure the power plug is securely inserted into a proper electrical outlet to reduce the risk of short-circuit and fire.
- It is highly recommended that a surge protector is used to prevent from damage.
- DO NOT use the massage chair in areas where the humidity is high such as a sauna steam room, pools, bathrooms, AS or heating vents, etc.
- DO NOT use the massage chair outdoors and avoid areas with direct sunlight.
- If the chair is not being used, turn the power switch to the OFF position and unplug the massage chair from the electrical outlet to prevent any damages to the chair when there are power outages/surges that may cause serious damage.
- Never plug/unplug the power cord plug socket with wet hands.
- Close and continuous supervision is necessary when the massage chair is used by, on or near children or disabled persons.
- Avoid falling asleep while using the massage chair.
- Always keep the massage chair clean, and never insert any objects into or around the gaps of the massage chair.
- DO NOT move the massage chair by pulling on the power supply cord.

- Air Intensity [Button 26]**
- Adjusts the air pressure intensity level for auto and manual air massage programs.
  - Press to select 5 levels of intensity.

- Width [Button 27]**
- Controls the width of the rollers.
  - Select a massage function and press to adjust between Narrow, Normal and Wide.
  - It can be used to activate the Tapping, Shiatsu and Rolling massage.

- How to End**
- Press the Power button to stop the massage operation.
  - Massage rollers will reset automatically.
  - The Power button will light up until the massage rollers resume their original position, and this will keep blinking to show that the chair is in stand-by mode.
  - Switch the power button under the chair to "O" position and disconnect the power cord plug, then the Power button light turns off.

- Usage Tips**
- 1. Massage Angle**
- "G" POSITION [Button 8] automatically takes you to Zero Gravity position and delivers a more comfortable massage angle. Press once to activate the Zero Gravity first pattern. Press again to the Zero Gravity second pattern position. Press third times to return to original position.



- STRETCH [Button 15]**
- Stretches the back muscles, hands, hamstrings and thighs and calves.
  - Relaxes sore muscles and improve blood circulation.

- Full Air Pressure Massage Program [Button 16/17/18/19]**
- Engages a full body Air Pressure massage. Press again to stop the air massage
  - Calves and foot air massage need to extend the foot cover and then press the button.

- Recline/Incline [Button 20/21]**
- These buttons control the recline/incline angle of the product.
  - Press once and the backrest and footrest will move to a horizontal reclining position or an upright sitting position.
  - Press again to stop the product at your preferred angle.

- Footrest Lift / Drop [Button 22/23]**
- Allows you to lift or drop the footrest.
  - Press once and the footrest will start to lift/drop.
  - Press again to stop the footrest at your preferred angle.

- Speed [Button 24]**
- Controls the speed of Tapping, Kneading, Swedish, Shiatsu, Kneading and Tapping massage.
  - Select a massage function and press to select between 5 speeds.

- Manual Mode Switching [Button 25]**
- Kneading, Tapping, Swedish, Shiatsu, Kneading and Tapping, Rolling.
  - Press once to activate Kneading massage of the full back.
  - Each press of button, the massage mode changes in sequence: Tapping>Swedish>Shiatsu>Kneading and Tapping>Rolling

- If you find any rips or tears in the fabric of the massage chair contact the service department and stop using the chair immediately.

- Please consult a doctor before using the massage chair if you are pregnant, undergoing any medical treatment, using a medical electronic device such as a pacemaker, or are experiencing any of the following: Malignant tumor, heart disease, back pain, abnormal or curved back bone, osteoporosis or acute illness.

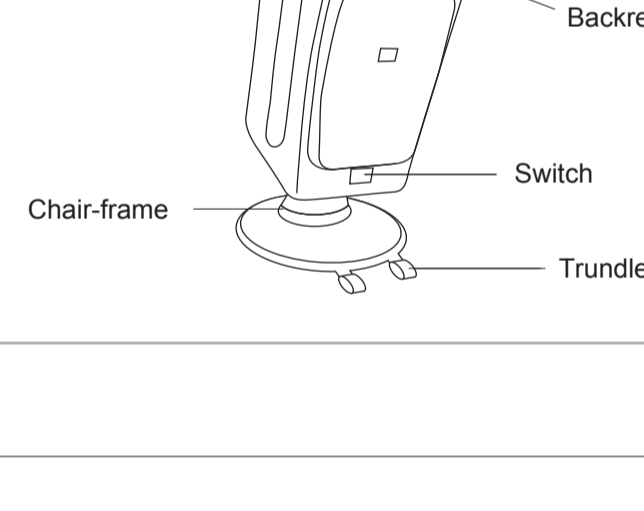
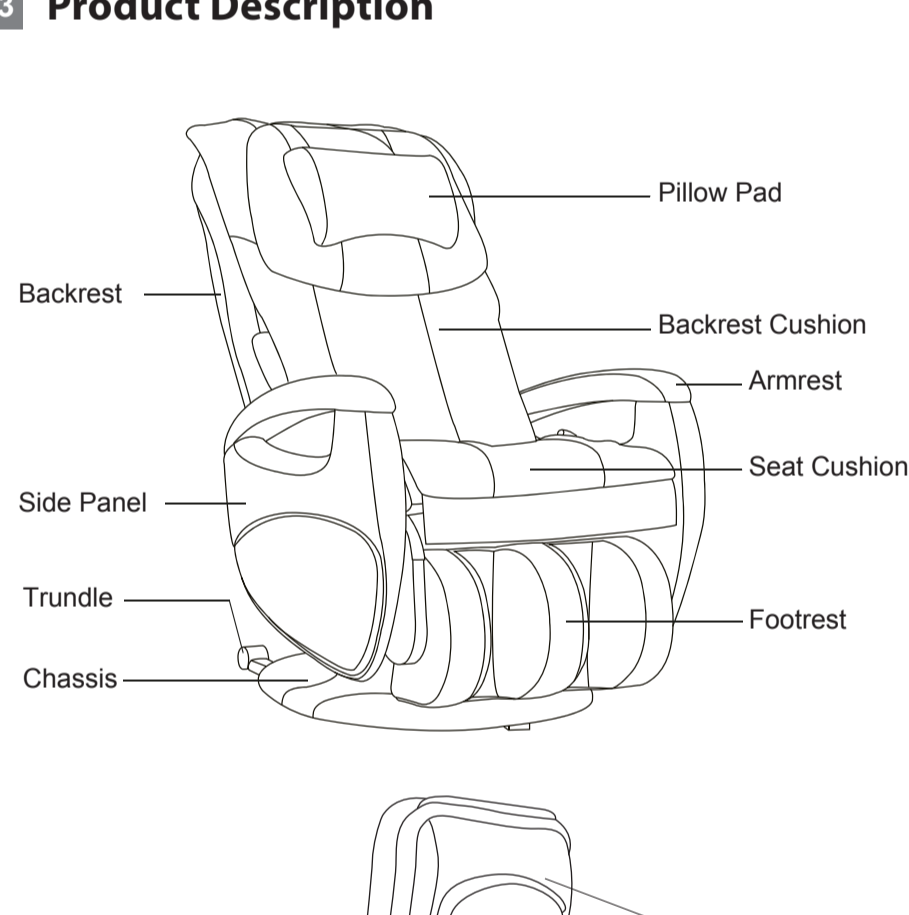
- Never use a massage function on swollen or inflamed parts of the body.

- DO NOT use the massage chair for more than 30 minutes at a time.

- DO NOT use the massage chair where aerosol(spray) products are being used or where oxygen is being administered.

- This massage chair is a non-professional product designed to provide a comfortable massage and should not be substituted for appropriate medical treatment.

### 03 Product Description



- Zero Gravity [Button 8]**
- Adjust the angle of the massage chair to a comfortable position.
  - Press once, to activate the Zero Gravity first pattern. Press again to the Zero Gravity second pattern position.
  - Press third times then turn Zero Gravity function off.

- Sector Massage [Button 9]**
- Press once to localize the massage to a particular point.
  - Press again to shift massage to a particular area of body.
  - This will keep the original massage mode working on a range of 8cm.
  - To resume full back massage, press button again.

- Auto Programs**
- This function is a full body massage with 6 different massage styles.
  - Position of the chair can be manually adjusted.
  - Massage session is 15 minutes by default.

- HEALTHY [Button 10]**
- Engages the full body deep tissue massage. This program focuses on neck, shoulder, relaxes sore muscles and improves blood circulation.

- WAKE UP [Button 11]**
- Engages the Snooze Auto Program, based on the waist by Kneading, Shiatsu and other techniques.
  - Helps to shape up body and relieve stress.

- RELAX [Button 12]**
- This is a gentle massage mode with air pressure to relieve body pain. Massages the full body, helps you to fall asleep at night.

- REVITALIZE [Button 13]**
- This program focuses on neck, shoulder and hip by Rolling and Kneading. Reduction of body fatigue.

- CLASSIC [Button 14]**
- Engages the deep tissue massage to loosen up the muscles.
  - Relief of a day's work pressure.

### 08 Operation Guide

Connect the power plug to the power supply. Turn the switch to "I" at the bottom of the massage chair.

Massage chair is in standby mode and only "Raise Backrest", "Recline Backrest", "Raise Leg Rest", "Recline Leg Rest" and "Power" function work.

#### Function Description

- Power [Button 1]**
- Start and stop all functions of the massage chair.
  - Press once and remote controller's LED lights will start blinking to indicate the chair is on standby mode.
  - Press Massage Modes button and Timer to start.
  - Press again to stop and massage rollers, backrest and footrest will return to original position.

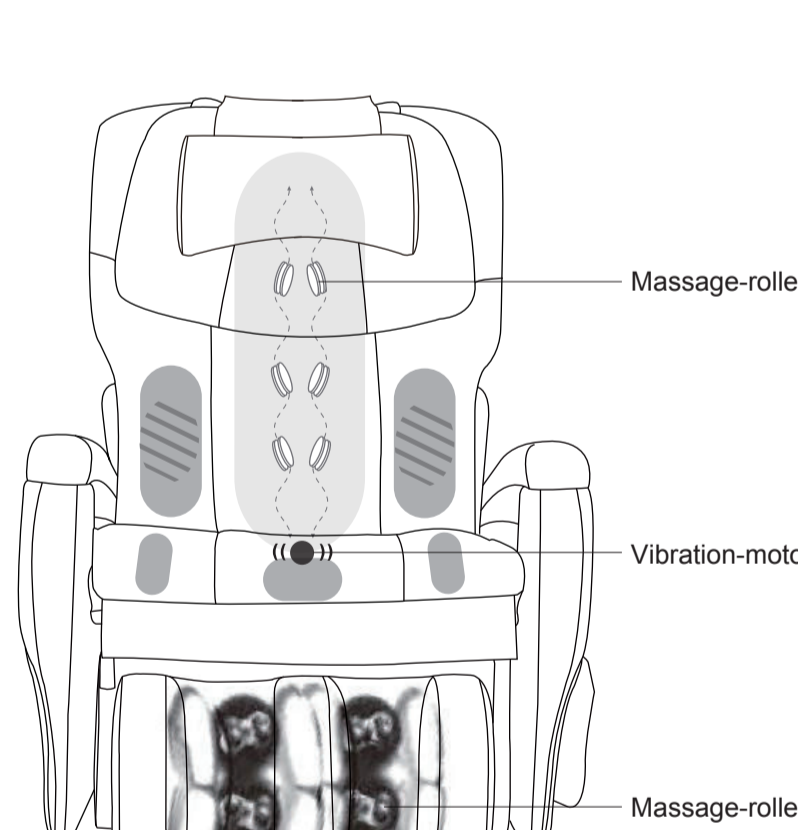
- Pause [Button 2]**
- Press once and stop all massage functions temporarily including the timer. Press again to resume the original massage function.

- Massage Intensity [Button 3/4]**
- 5 intensity levels of the control of massage rollers. After activating the Massage Intensity function; press each time to change the massage intensity in the sequence of weak to strong.

- Massage Position [Button 5/6]**
- Adjust back massage position.
  - Press ▲ or ▼ to choose position of massage rollers when a "beep" sound alerts in 10 seconds.
  - Release the button once the desired position is achieved.
  - Note :This can also be used during sector massages.

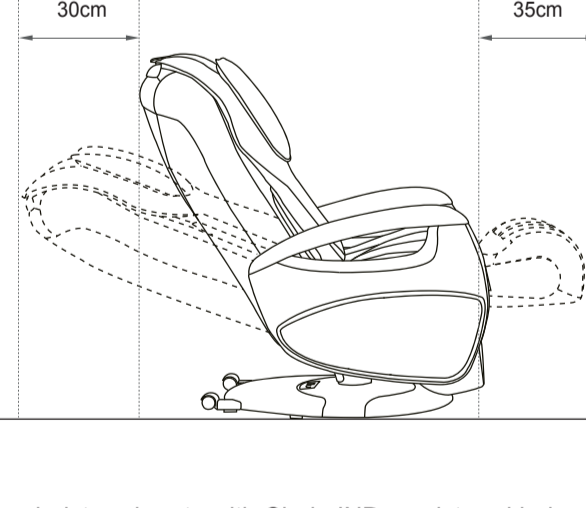
- Timer [Button 7]**
- Control the duration of the massage session.
  - The default time for all massage functions is 15 minutes.
  - Press each time to change the duration for 20, 25, 30, 5, 10, 15 or 20 minutes.

### MASSAGETECHNIQUE

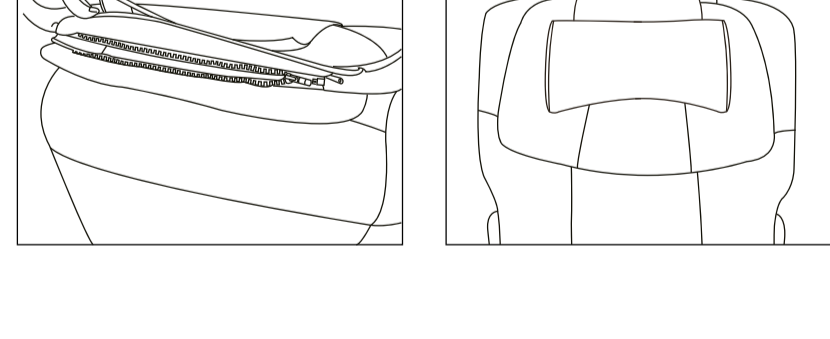


### 04 Preparation For Use

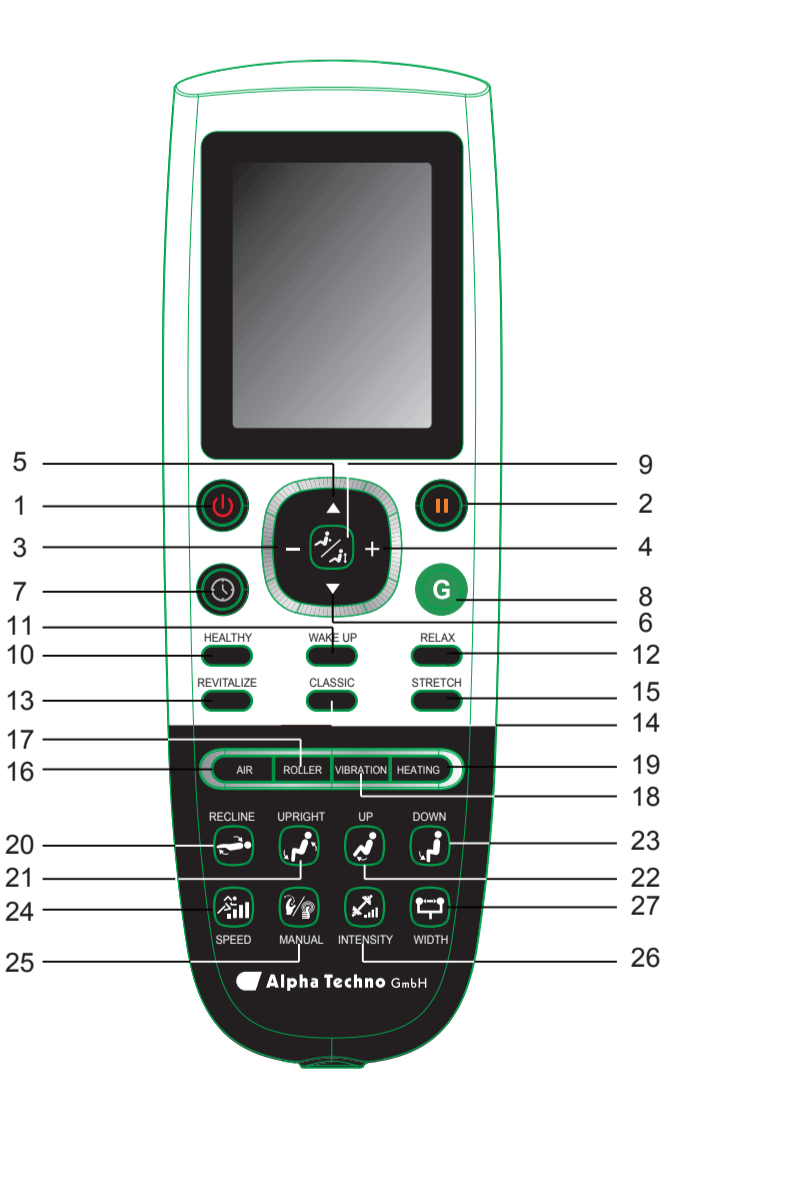
**Step 1:** Note that keep the chair in front and back at least 60 cm free space, in order to bring the position to the recline.



**Step 2:** Connect the upholstered parts with Chair, IND as pictured below the hook and loop closures put together.



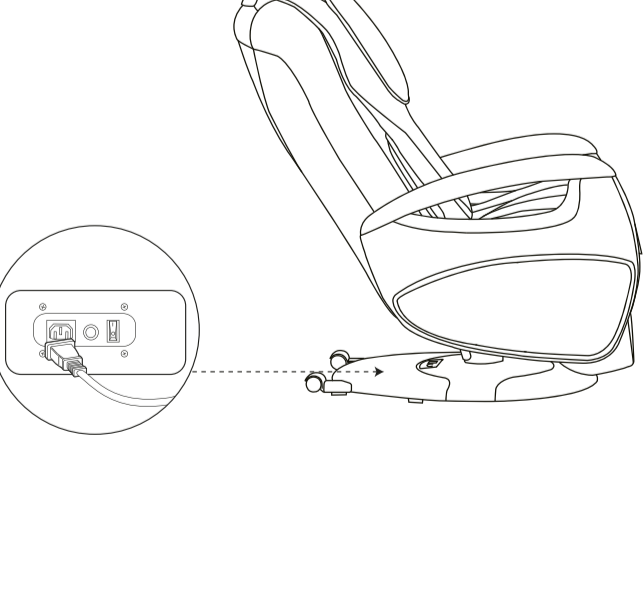
### 07 Remote Controller



### 06 Product Specifications

| Description               | Specifications          |
|---------------------------|-------------------------|
| Modell                    | AT-699I                 |
| Power Input               | 230V                    |
| Power Frequency           | 50Hz                    |
| Power Consumption         | 190W                    |
| Auto Timer                | 15 Minutes              |
| Maximum Time              | 60 Minutes              |
| Product Upright Dimension | 114(L)x80(W)x117(H) cm  |
| Product Recline Dimension | 172(L)x78.5(W)x84(H) cm |
| Box Dimension             | 115(L)x82(W)x120(H) cm  |
| Nett/Gross Weight         | 76/94 Kg                |

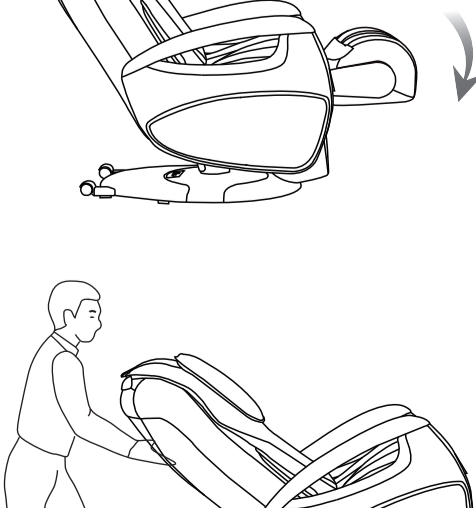
**Step 3:** Plug the power plug of the Chair on the proper slots properly.



**Step 4:** 1. Before moving the chair, adjust the leg rest back to its original position. 2. Recline the Chair on the basis of the backrest about 45°, in order to let feed wheel contact with the ground. Now you can move the Chair with transport wheels.

#### Caution:

- Bring the Chair always in the original position (backrest and Footrest vertical) before you move the Chair on the feed rollers.
- Do not move the massage chair when there is someone seated on it.



### 05 Power Connector

Plug the power plug of the Chair into the socket. If in the insert of the Chair occurs a short circuit, contact a qualified electrician to check whether your power supply.

If connected correctly or not. If the socket is not fitted in the Socket should let the Electricians replace the slot of the socket.

